

Business and Noninstructional Operations
FOOD SERVICE/CHILD NUTRITION PROGRAM

AR 3550 (a)

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 Each school shall post the district's policies and regulations on nutrition and physical activity in public view within all school cafeterias or in other central eating areas. (Education Code 49432) (cf. 6142.7 – Physical Education)

NUTRITIONAL STANDARDS

A minimum of 50% of the food sold by the district on school grounds during regular school hours shall be from the list of nutritious foods provided in Education Code 38085. (Education Code 38085)

(cf. 3554 – Other Food Sales)

The Superintendent or designee shall ensure that elementary schools comply with the following nutritional standards:

1. The only food that may be sold to students during breakfast and lunch periods is food that is sold as a full meal. However, fruits, non-fried vegetables, legumes, beverages, dairy products or grain products may be sold as individual meals if:
 - a) Not more than 35 percent of the total calories of the food item, excluding nuts or seed, is from fat.
 - b) Not more than 10 percent of the food item's total calories is from saturated fat.
 - c) Not more than 35 percent of the total weight of the food item, excluding fruits or vegetables, is composed of sugar.
2. Any individual food item sold to the students during morning or afternoon breaks shall meet the standards in item #1 a-c above.(Education Code 49431)

Beginning July 1, 2004, the following nutritional standards shall apply to all beverages provided in the district's food services program: (Education Code 49431.5)

1. Regardless of the time of day, the only beverages that may be sold to elementary students are water, milk, 100 percent fruit juices, or fruit based drinks that are composed of no less than 50 percent fruit juice and that have no added sweeteners.

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2. The only beverages that may be sold to middle school students from one-half hour before the start of the school day until after the end of the last lunch period are:
 - a) Fruit-based drinks that are composed of no less than 50 percent fruit juice and that have no added sweeteners
 - b) Drinking water
 - c) Milk, including but not limited to chocolate milk, soy milk, rice milk and other similar dairy or non dairy milk
 - d) An electrolyte replacement beverage that contains no more than 42 grams of added sweetener per 20-ounce serving

All reimbursable meals shall meet the nutritional standards, as well as the nutrient and calorie levels for students of each age or grade group, required by 7 CFR 210.10 and 220.8.

(cf. 3533 – Free and Reduced Price Meals)

Students in all grades will have an “offer versus serve” option with reimbursable meals and may decline a maximum of two menu items at lunch, provided they accept the entrée, and may decline one menu item at breakfast. (7 CFR 210.10, 220.8)

Legal Reference:

EDUCATION CODE

49432 Posting Requirements

38085 Nutritional Standards

49431 Nutritional Standards

49431.5 Beverage Nutritional Standards

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California

**CULVER CITY UNIFIED SCHOOL DISTRICT
Culver City,**